**Pediatric Nutrition in Practice**
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This book was written by an international panel of pediatric nutrition experts and is formatted into short and tightly constructed chapters on all aspects of pediatric nutrition. For readers in the United States, it provides an important world view of aspects of nutrition that need to be discussed but are rarely seen in this country, such as HIV/AIDS and malnutrition with chronic diarrhea. This book has something for anyone at various levels of practice – for the novice physician, it provides a strong foundation of pediatric nutrition while for the expert, it serves as an important update and review of the international state of the art of pediatric nutrition. Short chapters make it an easy reference book. Many chapters have specific, concrete recommendations that can be followed in practice while other chapters have well-constructed tables for quick reference. The annexes contain tools that can be used in daily practice including growth standards, reference nutrient intakes for various countries, and practical advice for families of young children. This competitively priced book would be a great addition to the personal libraries of nutrition experts and is a must-read for nutrition experts that plan to practice internationally.

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**Acing the GI Board Exam: The Ultimate Crunch Time Resource**

Author: Brennan Spiegel
Second Edition
ISBN-10: 1617116416
Price: $90.95
280 Pages
SLACK Incorporated

Have you ever noticed that everyone seems to be an expert on what is on the board exam? I wish I had a dollar for every time I heard an academic physician say “you better know that because it’s going to be on your board exam”. The problem is that they are usually wrong.

Anticipation of the board exam is stressful. Everyone wants to learn as much as they can and to prepare as best they can to pass the examination. Thus, any potentially beneficial tool to attain that goal is welcomed. It should be recalled, however, that nothing substitutes for learning during your training as preparation for the board exam.

It is with that background that Spiegel prepares his Second Edition of his board review resource. He importantly begins with a few very germane considerations about the exam which are right on target. For example, when preparing for the board exam, focus principally on what you don’t know. In addition, he points out that one can go to the ABIM website to find the percentage of each of the major disciplines on the examination, termed the blueprint, which should guide one’s preparation. This book has a major emphasis on images and pathology; nevertheless, he does specifically state that the board does not expect one to be a radiologist or pathologist, respectively, and thus does not specifically ask for interpretation.

The book generally presents a number of clinical vignettes with open ended questions which are dissimilar to the typical ABIM multiple choice questions. However, this format gives an opportunity for the test taker to test their knowledge of an area. Afterwards, there is a brief discussion of the content area and a “here’s the point” summation of the major points of the case as well as the diagnosis. The board does generally use a case-based format and thus a case-based approach is appropriate. These vignettes cover the
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spectrum of GI disease, but there are fewer questions on hepatology which represents a substantial portion of the board examination. At the end, he presents a number of clinical threshold values, which are a panoply of numerical values that are generally memorized. For example, if an esophageal fibrovascular polyp exceeds 2 cm, then surgery is indicated. While many of these threshold values are useful, most will not be seen on the board examination. Lastly, he provides a number of one sentence questions, many of which are classic “pearls”. The answer is provided but without discussion.

Overall, there is a wealth of information in this edition representing a significant amount of time and effort in its compilation. The information will provide some utility for the initial test taker, but in addition, the work is a useful and friendly review for those taking the maintenance of certification examination or for those who wish to brush up on the essentials of GI knowledge.

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